

NORTH CENTRAL DISTRICT MINOR HOCKEY ASSOCIATION

Regulations

May 2019

"Every day is a great day for hockey."

Mario Lemieux

<https://ncdschedule.weebly.com/>

**NORTH CENTRAL DISTRICT MINOR HOCKEY
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NCD MEMBER ASSOCIATIONS AND TEAM COLOURS

ASSOCIATION	HOME	AWAY
100 Mile House	White/Navy/Gold	Navy/White/Gold
Mackenzie	White/Gold/Green	Green/Gold/White
McBride		
Prince George	White/Red/Black	Black/Red/White
Quesnel	White/Maroon/Gold	Maroon/White/Gold
Valemount		
Williams Lake	White/Grey/Black	Black/Grey/White

A request for uniform colour change shall be on Member Association letterhead, signed by the President and sent to NCD Executive. Consideration and final approval shall be given at an NCD Meeting. Applications shall include date of change, current colour and proposed changes for both home and away jerseys.

Important Dates to Remember

September 15 • Minor hockey championship host sites to be named.

December 1 • Final date for minor hockey Tier 2, 3, and 4 teams to declare their intent to compete in a higher tier in the BC Hockey Championships.

December 1 • Final date for teams to register for BC Hockey Championships.

December 1 • All teams intending to participate in BC Hockey Championships must include an official accredited in the Hockey Canada Safety Program.

December 15 • Final date for filing team affiliations.

December 31 • Final date for any teams in any division registered on the Hockey Canada Registry (HCR) as a carded team to declare their intention to withdrawal from BC Hockey Championships and NCD Playoffs.

January 10 • Final date for special assistance.

January 10 • A Pee Wee, Bantam or Midget hockey team that has 19 players registered on January 10, shall not be permitted to register any further players during the current season. A team which has less than 19 players registered may, if it has unused Hockey Canada player certificates, register qualified players until the final registration date; but, once such a vacancy on the player roster has been filled, it shall not be used again.

January 10 • Final date for a Residential Waiver to a carded team.

January 10 • Final date for a player to be reinstated to amateur standing from professional hockey.

January 15 • Final date for filing list of specially affiliate players.

January 31 • Final date for BC Hockey to submit international player transfers to Hockey Canada.

February 10 • Final player registration date in all divisions of hockey.

February 10 • Final date for BC Hockey to submit Inter-Branch or USA player transfers to Hockey Canada.

February 10 • Final date for players to be registered under Special Assistance.

March 1 • Final date for submission of resolutions for the BC Hockey Annual General Meeting.

April 15 • Deadline for nominations for Chair of the Board Award.

April 15 • Deadline for nominations for BC Hockey Annual Congress Awards.

May 31 • Deadline for Minor Hockey Associations to apply for membership.

June 7 - 8 • 2019 BC Hockey Annual Congress – Sun Peaks, BC





Mackenzie
Minor
Hockey



McBride Minor Hockey



Home of the Grizzlies

Boundaries of the North Central District

The boundaries of the North Central District MHA shall be those of the Fraser - Fort George, Cariboo and central Coast Regional Districts and that portion of the Thompson-Nicola Regional District south of 100 Mile House, encompassed by an area bounded by the southeast corner of the Cariboo Regional District (near Lac des Roches) south to 51 degrees, 15' N. latitude, west to 122 degrees W. Long and north to the Cariboo Regional District boundary.

Definitions:

North Central District Minor Hockey Association will be referred to as "NCD" for the purposes of this document

Regulations

All teams (NCD Carded Rep and Atom Development teams and designated Recreational Teams participating in NCD Leagues) must declare their participation in writing to the NCD President, 7 days prior to the NCD scheduling meetings each September for NCD League play in the current season.

Regulation 1

Game Sheets

- 1.1 Distribution of copies of ALL game sheets involving NCD teams shall be as follows, ****unless scored using E-Gamesheets:**
 - 1.1.1 Rosters on game sheets for all games must be by electronically produced STICKERS and on ALL 4 COPIES. Scratches MUST be listed on ALL 4 COPIES

and the corresponding NCD or OMAHA Game Number and corresponding HOME and AWAY teams must also be listed.

1.1.2 The original game sheet and Copy 2 will be forwarded to the host association and the only exception is where a match penalty or gross misconduct was assessed by the referee during the contest, then the referee must forward the original game sheet as per BC Hockey policy. In such cases, the host association shall receive a clear photocopy of the original game sheet.

1.1.3 A clear copy of the original game sheet will be scanned & emailed by the host association's Team Manager by midnight on the Tuesday following the game(s), upon completion of a contest, to the Director assigned to scheduling, or designate (schedule.ncd@gmail.com).

1.1.4 Copy 3, the third copy, to the visiting team; and

1.1.5 Copy 4, the fourth copy, to the home team.

1.2 ALL game sheets involving carded teams (exhibition, tournament or league) will be scanned & emailed by the host association's Team Manager to the NCD President or designate by midnight on the Tuesday following the game(s). Any member association failing to do so will be fined, by the Association president, the amount of twenty dollars (\$20.00) for each game sheet sent later than midnight on the Tuesday following the game(s).

1.3 If game sheets are still outstanding after 10 days, the President or designate will notify, by fax and telephone, the offending association's Rep Coordinator or designate. The Rep Coordinator, or designate, will be given seven (7) days to have the game sheet delivered to the President or designate. Failure of the Rep Coordinator, or designate, will result in a further \$100.00 fine being assessed to the offending association by the President or designate.

Regulation 2

Uniforms and Security

- 2.1 Each team should be supplied with two sets of uniforms, if at all possible;
 - 2.1.1 the darker set being designated as away; and
 - 2.1.2 the lighter set designated as home.
- 2.2 The host team in Association scheduled games must designate two security persons on the game sheet for all Rep level games. The security person for each team will be designated above the respective team rosters on the game sheet. No person listed on the game sheet, as a team official shall be designated as a security person.

Regulation 3

Ice Time ~ League Play

- 3.1 Ice time supplied for League games must be a minimum of two (2) hours for Peewee, with a flood at the half-way point. Bantam & Midget must be a minimum of 2.5 hours, with a flood at the end of each 20-minute period played. Atom Rec leagues have their own regulation (see Regulation 8)
- 3.2 No over-time shall be played in a league game.
- 3.3 Any change in the league schedule must be no less than one (1) weeks' notice and to be in effect only following mutual agreement of the presidents of the participating associations AND by using the provided Game Change Request form. If this cannot be agreed upon locally, it will be arbitrated by the Association president. Notice must be in writing or fax from the presidents of each competing association. Failure to notify the President of this Association as aforementioned, will result in a \$100.00 fine.
- 3.4 Failure to honour your commitment to the Association will result in the no-show team being assessed a penalty of five hundred dollars (\$500.00) payable to the Association, one-

half of which will be awarded to the team not playing as a result of the no-show. A no-show does not constitute forfeiture and the league game must be rescheduled in accordance with Regulation 2.6. The president shall make the final determination of when the game will be made up if conflict with end of season play arises.

- 3.5 All teams must complete all games of the league schedule against teams in the same division and tier to be eligible to play in BC Championships.
- 3.6 All penalties, fines and/or moneys owing the association upon assessment in accordance with these By-laws must be paid in full by the respective association within twenty-one (21) days of said fines being levied. Any association failing to comply will result in suspension of that association's offending team from participating in the league until the aforementioned debts, are paid in full.

Regulation 4

Player Affiliation

- 4.1 For the purposes of Hockey Canada affiliation rules (E35a), all games, including exhibition BUT EXCLUDING tournament games played by a player for a North Central District carded team after NCD or OMAHA Icebreakers, or applicable Icebreaker for a team opted out of NCD, will count as a game played.

For REFERENCE ONLY - HC Regulation E35a (2015-2016)

A Player of a Team of a lower Division or Category of the same Club, or of an Affiliated Team, or a specially Affiliated Player, may Affiliate to a Team or Teams of higher Divisions and categories at any time, to a maximum of ten (10) games. However, if the Player's registered Team completes its regular Season and playoffs before the Player's Affiliated Team or Teams, the Player may thereafter Affiliate an unlimited number of times. For Goaltender exceptions see Regulations B.42, E.36 (b).

Regulation 5

Playing Rules

- 5.1 The NCD playing rules shall be those adopted by Hockey Canada, BC Hockey and North Central District Minor Hockey Association.
- 5.2 The home team shall be responsible for supplying pucks, a qualified timekeeper, qualified scorekeeper and security for each game. The referee will indicate any omission on the back of the game sheet and report the details to the NCD President.
- 5.3 Consumption of illegal drugs or alcohol before, during, or after a game will not be tolerated, and may draw a heavy suspension. The referee is to report the incident in full detail to the President.
- 5.4 As provided in HC Rule 3.6, players (including goaltenders) shall wear required protective equipment, including CSA-certified helmets and facial protectors and BNQ-certified throat protectors, in all games, practices, warm-ups, and while sitting on the players' bench or penalty bench. The Alternate Goaltenders must be wearing either a blocker or glove (or player gloves) when on the bench.
- 5.5 To focus attention on the dangers of checking an opponent from behind, it shall be mandatory for all NCD registered players to wear the "Stop Sign" patch above the number on the backs of their sweaters. Any NCD registered player not wearing the regulation size "Stop Sign" patch will be noted on the game sheet and the MHA is responsible for correcting the situation. Referees are instructed to check each player at the start of each game for compliance.
- 5.6 Teams are not permitted on the ice without on-ice official(s) also on the ice. Failure to adhere to this rule shall result in disciplinary action.

- 5.7 Supplemental oxygen, which is not medically prescribed, shall be prohibited at all NCD sanctioned games. The penalty shall be a three-game (3) suspension for the coaching staff in attendance and forfeiture of the game at which the supplemental oxygen product is found to be in possession.
- 5.8 The use of strobe light equipment by spectators and others shall be prohibited; as such use may have an undesirable medical side effect. Team officials shall ensure such equipment is not used before, during, and after any game. Failure by team officials to comply shall be brought before the President for possible disciplinary action.

Regulation 6

Playoffs

- 6.1 The host association president or his delegate must verify the player cards of each team competing in the North Central District Minor Hockey Association play-off competition prior to the start of any competition.
- 6.2 When an unbalanced league is in effect, the league winner will be declared by percentage points.
- 6.3 If a balanced schedule is in effect:
 - 6.3.1 The team with the most points will be declared the winner;
 - 6.3.2 Win = 2 points; Tie = 1 point; Loss = 0 points.
- 6.4 For the purposes of declaring an NCD representative for BC Hockey Championships each season, the league will play-off as follows:

Semi-finals:

- 6.5 The winner of the league will get a bye to the finals where the league only consists of three teams in any given

tier:

- 6.5.1 the remaining teams will play a best two (2) out of three (3) series, with the team which placed higher in the league standings hosting the first two games of the series;
- 6.5.2 the winner of the semi-final series advances the following weekend to play the league winner in a two (2) out of three (3) series, with the first two games hosted by the league winner;
- 6.5.3 Where there are four teams in any one given tier:
- 6.5.4 the team which placed first in the league standings will play the fourth-place team in a best two (2) out of three (3) series, with the team which placed higher in the league standings hosting the first two games;
- 6.5.5 the team which placed second in the league standings will play the third-place team in a best two (2) out of three (3) series with the team which placed higher in the league standings hosting the first two games.
- 6.5.6 Should there only be two teams in the league in a given category, they immediately participate in a final series.
- 6.5.7 In the semi-final series the team that placed highest in the final league standings will be designated the "Home Team".

Finals:

- 6.6 The winner of a semi-final play-off series will play-off with the league winner in the best two (2) out of three (3) series. The first two games to be hosted by the team which placed higher in the league standings.
- 6.7 The winners of the finals will represent the North Central District in BC Hockey Championships.

- 6.8 Any team pulling out of the Play-offs after January 10th of the playing season will be fined \$500.00, which the member association will ensure, is paid.
- 6.9 Any team failing to appear for a scheduled play-off game without just cause, shall automatically forfeit that game and be assessed a penalty of five hundred (\$500.00) dollars payable to the Association.
- 6.10 Play-offs will be played in the centers as designated in these Regulations unless it is mutually agreed by the presidents of the competing associations to play elsewhere.
- 6.11 The Association executive officers shall review the refereeing situation in the league during their January meeting and advise the league if neutral referees will be utilized during the semi-final and/or final play-off competitions.

Playoff Officiating

- 6.12 Neutral Referees should be scheduled where possible to avoid conflict
- 6.13 Neutral referee expenses will be shared equally by the competing associations. The following expenses will be paid:
- 6.13.1 Motel room which will be booked by the host association.
 - 6.13.2 Mileage as per BC Hockey policy with the kilometres being based on the road map of British Columbia.
 - 6.13.3 Meal allowance as per BC Hockey policy.
 - 6.13.4 Incidental expenses as per BC Hockey policy.

6.14 The Association executive have the authority to modify the play-off structure for the following reasons:

6.14.1 if there is insufficient time between league play ending and the Provincial Play-offs;

6.14.2 if any team which could qualify for the Play-offs won less than one third (1/3) of their scheduled games the Association executive officers will review the team's performance and decide whether it is in the best interest to have the team participate in play-off competition;

6.14.3

If any team lost all the league competitions against the team they would meet in semi-final competition by eight (8) goals per game or more or by a goals for, goals against difference of forty (40) goals the Association executive will review the team's performance and decide whether it is in the best interest to have that team participate in semi-final play-off competition.

6.14.4 Overtime in a play-off series will follow BC Hockey rules and policies.

Playoff Ice

6.15 Ice time booked for play-offs will be a minimum of two and one half (2.5) hours for Peewee, with a flood at the halfway point. Bantam and Midget will be a minimum of three (3) hours, with a flood at the end of each 20-minute regulation period. If home teams cannot guarantee the minimum time, the visitors will be offered the home ice advantage.

Tie Breaking Procedures

6.16 The tie breaking procedures for ALL playoff games in a series will be as follows: If the playoff game remains tied after regulation time, there will be an optional flood, at the discretion of the Official, followed by a 10 minute, sudden death over-time period 2) if the playoff game is still tied

after the 10 minute sudden death over-time period, a best of 3 shootout will take place 3) if the playoff game is still tied after the best of 3 shootout, 4) a further sudden-death shoot out using a complete roster rotation is used, where no player may shoot twice until all players have shot.

Regulation 7 Mercy Rule

7.1 During League or Play-Offs, if a team has a seven (7) goal lead in the third period, the referee will be permitted to run the clock straight time.

NCDMHA Information

Respect in Sport/Speak Out Requirement: Under BC Hockey regulations, all Minor Hockey team officials regardless of position must have completed either the on-line Respect in Sport course or have previously completed the Speak Out program course (offered from 2000-2008). The Respect in Sport/Speak Out requirement must be met by not later than December 1st.

- The minimum age for participants is sixteen (16) years old as of December 31.
- RIS certification expires after four (4) years.

TEAMS APPLYING TO SCHEDULE GAMES IN OMAHA:

There may be occasion where teams choose to schedule exhibition play in the OMAHA league. This application may be considered based on level of competition available in the NCD. All teams must fulfil any required league play as directed by the NCDMHA rules and regulations.

Application must be on MHA letterhead, signed by the MHA President and received by the NCD President 7 days prior to the NCDMHA AGM in May.

INELIGIBLE PLAYERS AND TEAM OFFICIALS:

Any team permitting a player who is ineligible by reason of being under suspension or of not being properly registered with that team to play in a game shall automatically forfeit that game and may be subject to further disciplinary action.

Any team permitting a suspended team official to participate in a game shall automatically forfeit that game and may be subject to further disciplinary action.

Any team permitting a team official who is ineligible by reason of not being properly registered with that team to participate in a game may be subject to disciplinary action at the discretion of the President.

In addition to the above, The President shall suspend and/or take other disciplinary action against any team official or other individual responsible for permitting an ineligible player or team official to participate in any game.

No HC-Carded Female Team:

If a HC-carded team does not exist in the player's residential Association in the division in which the player is registered, the player will be permitted to apply for a Player Movement to play for an adjacent Association that is entering a HC-carded Female team.

All players must first register with their residential Association. Should the Association fail to have sufficient players to form a HC-carded Female team, a player who wishes the opportunity to try out for a HC-carded Female team in an adjacent Association that will accept her shall apply to her residential Association for permission to move. If the Association grants the request, then an Application for Residential Waiver will be made to BC Hockey.

If no adjacent Association is able to accept the player's registration, she would apply for a player movement to play for

the nearest Association that is entering a HC-carded Female team that will accept her.

Should the player be unable to play for the HC-Carded team(s) in the adjacent or nearest Association, the player shall return to her residential Association to play for a non-HC-carded team.

A player permitted to move to an out-of-zone Association under this section shall be permitted to play for that Association for the current season only. The player will be required to register with her residential Association prior to the start of the next season.

This section only applies in divisions in which HC-carded Female teams are available.



NCD South Atom Rec League

Regulation 8 - Governing Rules

In the semi-final series, the team that placed highest in the final league standings will be designated the "Home Team".

Ice time supplied for league & semi-final playoff games must be a minimum of 1.25 hours for NC North & South ATOM REC semi-finals and 1.5 hours for the Championship game.

- a. NC North & South Atom Rec League & playoff games shall be formatted as follows:
 - a. 5-minute warmup
 - b. 3 x 20-minute running time periods
 - c. Up to 3-minute break between periods
 - d. **Gretzky Rule is in effect for all league & playoff games (3-goals per player)**
 - e. No playoff game will end in a tie.
 - f. GAME NUMBERS that correspond to the NCD North or South Atom Rec League MASTER schedule MUST be used on the NCD GAME SHEETS.

- g. During Playoff tournaments, immediately following each game, teams are requested to line up on their corresponding Blue line - Heart and Hustle and MVP individual awards will be handed out to each team immediately following each game and will be chosen by the teams Head Coach.
 - h. handshake at the end
 - i. In Semi-final games, Team awards will be presented to the departing team's Head Coach for distribution off the ice.
- b. The tie breaking procedures for **semi-final** playoff games will be as follows:
 - a. If the playoff game remains tied after regulation time, a 5-minute, sudden death over-time period will be played
 - b. If the playoff game is still tied after the 5-minute sudden death over-time period, a best of 3 shootout will take place
 - c. If the playoff game is still tied after the best of 3-shootout, a further sudden-death shoot out using a complete roster rotation is used, where no player may shoot twice.
 - d. If the game is still tied after the entire roster has had an opportunity to shoot, then a coin toss will be performed. Home team calls it.
- c. The tie breaking procedures for **Championship** playoff games will be as follows:
 - a. If the playoff game remains tied after regulation time, a 10-minute, sudden death over-time period will be played
 - b. If the playoff game is still tied after the 10-minute sudden death over-time period, a best of 3 shootout will take place
 - c. If the playoff game is still tied after the best of 3-shootout, a further sudden-death shoot out using a complete roster rotation is used, where no player may shoot twice.

- d. If the game is still tied after the entire roster has had an opportunity to shoot, then a coin toss will be performed. Home team calls it.

- d. The overall winner of the playoff series ("A" & "B") will receive an NCD South Atom Rec League Trophy to display in their HOME association for the season. League trophies will be surrendered to NCD in January of the following season.

Fair Play/Team First Violations Amendments

These rules and resulting penalties are applicable to all games played by North Central District Minor Hockey Association teams including all exhibition games (including pre-icebreaker), ice-breaker games, tournament games (within and outside NCD boundaries), and league play games. It is the responsibility of each team to ensure the penalties are imposed immediately on the offending player or team official.

Fair Play/Team First Contracts

No player or team official will be allowed to participate in any North Central District Minor Hockey Association league or playoff games unless all appropriate Fair Play/Team First Contracts have been signed (preseason exhibition games are exempt).

Game Misconducts for Profanity/Disrespect (Coaches and Team Officials) Towards Game Officials

There are no longer any free passes.

- 1st offense – BC Hockey rules apply + 1 game.
- 2nd offense – BC Hockey rules apply + 3 games
- 3rd offense – Suspended until Discipline committee rules.

Gross Misconducts by Coaches or Team Officials will result in Immediate suspension till such time as discipline committee rules.

Officiating

SHARED RESPECT

The Shared Respect Initiative calls for all participants of the game to respect one another.

The intent of Hockey Canada is to enforce a standard of play that promotes an exciting and fun game for all its partners.

All partners share an equal responsibility to ensure the integrity of the game is upheld. Through this process of change, the onus is not only on our game officials but all its participants.

CHECKING TO THE HEAD (contact physically or with a stick to another players' head area)

Deliberate checks to the head remain to be a major problem in today's game. Concussions not only deprive players of playing time, they end players' careers and can have long term effects.

Checks to the head demonstrate a lack of respect and fair play and must be penalized. Any moderate or severe blow to the head must be penalized with a minor penalty and misconduct or a major penalty and a game misconduct for checking to the head. A match penalty could also be assessed under this rule. These are aggressive fouls and must be called at ALL occurrences during the hockey game, including shorthanded situations.

Whether it is elbowing, high sticking, roughing or cross-checking, hits to the head are an intentional act of violence and must be treated with zero tolerance on the part of the official at all times.



CHECKING FROM BEHIND

We want to continue to work to eliminate any contact from behind, as the resulting injuries, especially to the head and neck can be catastrophic. It is a dangerous and cowardly act. It is imperative that coaches instruct their players to STOP and eliminate all checking from behind. Strict application of this rule is needed to remove this foul from our game.

We ALL play a role in supporting the improvement of our game.

Risk Management

- **Coaches must wear helmets at all times while on the ice**
- **Associations shall strive to have HCSP certified personnel on all teams.**
- **Dressing rooms shall be cleaned after each use, failure to comply with this request may result in disciplinary measures.**
- **Associations will conduct Equipment checks at the beginning of each half of the season.**
- **ALL Bench staff will have CATT certification**

Equipment check list

Pants:

- *No tears, loose threads &/or dangling belts/straps.*
- *Inside zippers done up and working.*

Stick

- *Plug is securely in place (composite stick) and Butt End is taped*
- *Blade has no sharp edges, breakages*

Helmet:

- *Must have visible CSA label, snug chin strap, ear guards,*
- *No cracks in shell or padding.*

Facemask:

- *No metal bars broken on cages*
- *Tight screws and if replacements, NOT too long.*
- *Straps snug with stretch in elastic*
- *Clips in place. Must fit into J Hooks*
- *NO cracks in plastic*
- *watch for rust at wire seams*

Gloves:

- *High enough so covers wrist. Firm fingers, thumb and back padding*
- *Palms soft and pliable. NO holes near fingers or in palm larger than a quarter. No loose threads*

Neck guard

- *Completely covers neck*
- *Fits snug enough to avoid exposing parts of neck and upper chest*
- *MUST have BNQ certification, be free of fabric cuts*
- *Velcro strap NOT worn and in good working order / No tape wrapped around neck guard*
- *Must not be altered in any way*
- *Rips or tears should be sewn.*

BC Championships

North Central Rotation

Associations are to apply to the NCD to host prior to the AGM

If more than one application is received the NCD Executive will make a decision on which association will host.

BC Hockey Minor Operations Task Group Member will supply the host association with information and timelines.

Associations are reminded that the Championships are a BC Hockey event and guidelines must be adhered to. BC Hockey Regulation 7

2019-2020	Tier 1	Tier 2	Tier 3	Tier 4
Midget	Vancouver Island	Vancouver Island	Okanagan	East Kootenay
Bantam	Lower Mainland	West Kootenay	Lower Mainland	North West
Peewee	Okanagan	Okanagan	North Central	North East/Yukon
2020-2021	Tier 1	Tier 2	Tier 3	Tier 4
Midget	North Central	North Central	Vancouver Island	East Kootenay
Bantam	Okanagan	North West	Vancouver Island	East Kootenay
Peewee	Vancouver Island	Vancouver Island	East Kootenay	West Kootenay
2021-2022	Tier 1	Tier 2	Tier 3	Tier 4
Midget	Lower Mainland	North East/Yukon	North Central	Vancouver Island
Bantam	Vancouver Island	Lower Mainland	Okanagan	North West
Peewee	North Central	North Central	West Kootenay	Lower Mainland
2022-2023	Tier 1	Tier 2	Tier 3	Tier 4
Midget	Okanagan	West Kootenay	North East/Yukon	North Central
Bantam	North East/Yukon	East Kootenay	Vancouver Island	Lower Mainland
Peewee	Lower Mainland	North Central	North West	East Kootenay
2023-2024	Tier 1	Tier 2	Tier 3	Tier 4
Midget	Vancouver Island	North West	West Kootenay	North East/Yukon
Bantam	Lower Mainland	Okanagan	North Central	East Kootenay
Peewee	Okanagan	North East/Yukon	Lower Mainland	Okanagan

BC Hockey Female Minor Championship host Districts will be as follows:

	Midget	Bantam	Peewee
2019-2020	West Kootenay	Okanagan	North West
2020-2021	North West	Vancouver Island	Lower Mainland
2021-2022	Lower Mainland	North Central	Okanagan
2022-2023	East Kootenay	North East/Yukon	East Kootenay
2023-2024	Okanagan	West Kootenay	Vancouver Island

BC Hockey Regulations ~ Notice to Withdrawal from Championships

- 7.06 Notice to withdraw from BC Hockey Championships shall be declared via the Hockey Canada Registry by midnight on December 31 of the current season.
- 7.07 Any team in any division registered on the Hockey Canada Registry as a carded team that subsequently withdraws from BC Hockey Championships after the December 31 deadline may be subject to a fine and/ or suspension by the BC Hockey Chair of the Board. A portion of the fine may be used to compensate the offended team, league or Association for costs incurred.

'You miss 100% of the shots you never take.'
~ Wayne Gretzky ~